

Barnegat High School

Girls Lacrosse Clinic



Held by the Barnegat Bengals Girls Lacrosse Team

When: Sunday March 26 from 9:00-11:00 AM

Outside unless rain then clinic will be held indoors.

Location: Barnegat High School

Grades: 3rd-8th

Cost: \$15

Name: _____

Grade: _____

Have you played lacrosse before? _____ How long? _____

Do you need Goggles? Or a Stick?(circle or list)

If you have a mouth guard you can bring your own or we can give you one to keep.

Sticks and goggles will be provided for you to borrow on the day of the clinic.

ALL LEVELS WELCOMED, NO EXPERIENCE REQUIRED

-Learn basic/advanced stick skills

-Footwork

-Offensive and Defensive

-Teamwork

***Individual instruction will be available.**

Please fill out and this form can be interoffice mailed to me Mrs. Torre at BHS. Or email to ltorre@barnegatschools.com Thank you! Money can be paid day of, or dropped at BHS.