

# Barnegat Recreation Mom and Me Classes 2018

## Gymnastics Oriented Movement Education Instructor Mary Frack

### Tuesdays January 23-March 27

Code # 1420 Tuesdays 11:15am- 12:00 Ages 3- 4 years with parent / guardian \$75

Code # 1421 Tuesdays 12:15- 1:00pm Ages 4- 5 years with parent / guardian \$75

The child will learn to use his/her mind and body to perform gymnastics related skills on scaled down equipment by exploring body parts, body shapes, directions, pathways, speed, force, balance and flexibility. While enhancing their cognitive development, gross & fine motor skills, balance and coordination, this movement education class will help develop important social skills to prepare them for kindergarten, while giving the parents the opportunity to encourage their child through trial and error, failures and successes.

Pre-registration required. Please complete the bottom of this form and return with payment to the address above

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PLEASE **PRINT** ALL INFORMATION AND GIVE **COMPLETE** ADDRESS

Class Name \_\_\_\_\_ Class Code \_\_\_\_\_

Child's name \_\_\_\_\_ Age: \_\_\_\_\_

Mailing Address \_\_\_\_\_

Guardian Names \_\_\_\_\_

Home Telephone \_\_\_\_\_ Cell # \_\_\_\_\_

Email address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Telephone # \_\_\_\_\_

Please READ/SIGN \_\_\_\_\_ has my permission to participate in all the activities of the above registered program. In case of emergency, I authorize the programs assigned personnel to administer emergency first aid treatment, transport the participant to the hospital if necessary, and to notify me as quickly as possible. I understand that proper supervision is provided for all programs however, in the event of an emergency due to accidents beyond their control, I hereby release Barnegat Recreation Department, sponsors, its supervisors, employees and program volunteers, from all liability.

#### HOLD HARMLESS AGREEMENT

The undersigned acknowledges that engaging in a sporting activity is potentially hazardous and could possibly result in a serious bodily injury to the participant. The undersigned further acknowledges and agrees that Barnegat Township, its officers, agents and employees do not undertake any responsibility, nor shall they be responsible for the personal safety of the participant, or the property of the participant at any time while going to, coming from, or engaging in the activity. The undersigned participant (and his parent or guardian undersigned, if the participant is a minor) for himself, herself, or the heirs, administrators, and executors do hereby agree, intending to be legally bound hereby, that the undersigned and anyone acting under them or through them, shall and by these presents do indemnify, hold harmless and excuse Barnegat Township, its officers, agents, sponsors and employees from any and all expense, cost, charges, bills, claims, damages, lawsuits, and liability for bodily harm or injury, or property damage which maybe suffered by participant or caused by the participant to any other person or entity during the course of the activity, or as a result of the activity.

SIGNATURE \_\_\_\_\_ (if minor, Parent or Guardian) Date \_\_\_\_\_